

## Chapter 1

# Dopamine, Neurotransmitters and Neuroparasites

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## Abstract

Dopamine is responsible for the control of many physical and mental mechanisms such as behavior, voluntary movements, motivation, stopping the production of prolactin, sleep, emotional state, attention, and learning. The disease occurs when it becomes diminished or increased because it controls too many mechanisms. For example, diseases such as schizophrenia occur when it is excessive and Parkinson's disease occurs when it is scarce. Recent studies have shown that dopamine modulates the immune system. After an infection in the brain, the amount of chemokines and cytokines increases, affecting the mechanism of Tryptophan, which reduces the formation of serotonin from tryptophan. On the other hand, in parasitic infections, particularly in the *T. gondii* infection, dopamine synthesis from tyrosine is increased in nerve cells infected with *T. gondii*. As a result, there are many parasites that settle in the brain. When these parasites enter the nerve cell, they first cytokines are secreted from

the astrocytes. They activate some enzymatic reactions on the host and increase the release of dopamine from Tyrosine while reducing serotonin and melatonin release from tryptophan. After the infection occurs, they first affect the amount of neurotransmitters by affecting each other through chain reactions after activation of the immune system. Behavioral changes and neuropsychiatric diseases arise afterward. With the understanding of these mechanisms, it will be possible to understand the causes of diseases such as schizophrenia, mood disorders, Parkinson's disease, Alzheimer's disease and epilepsy, which are very common in the world, and to develop new treatment methods.

## Introduction

### Dopamine

DA (C<sub>8</sub>H<sub>11</sub>NO<sub>2</sub>) was first synthesized in 1910 and experiments on its biological effects were started in the same year[1]. Thirty years after these studies, Peter Holtz and his colleagues found the L-DOPA decarboxylase enzyme in mammals and used this enzyme to obtain dopamine[2]. It has been determined in the 1950s that dopamine has an important physiological role in the mammalian brain, with the discovery of the presence of dopamine in peripheral tissues – even if in small amounts – and the identification of some of the biological processes [3].

## The Physiological Role of Dopamine

Even though the dopaminergic neurons form only 1% of the neurons in the brain, they have tasks in quite different areas. Dopaminergic neurons are responsible for controlling many physical and mental mechanisms such as behavior and cognition, voluntary movements, motivation, stopping the production of prolactin, sleep, emotional state, attention and learning[4]. Dopaminergic neurons form a neural network deriving from ventral tegmental area (VTA), substantia nigra (SN) and hypothalamus [4].

Dopamine may exhibit toxic effects in the cell due to its high reactivity when its metabolism and storage do not occur under appropriate conditions [5]. Dopamine function follows the Yerkes-Dodson rule. Accordingly, the excessive or scarce level of dopamine may cause pathological reasons [6,7]. Disorders in dopaminergic neurons can lead to many disorders including schizophrenia, other psychiatric disorders and Parkinson's disease [5,8,9].

## The Synthesis and Metabolism of Dopamine

The onset of dopamine production takes place with tyrosine, a non-essential amino acid taken with protein-rich foods. In dopaminergic neurons, the hydroxylation of tyrosine to L-DOPA is catalyzed by tyrosine hydroxylase (TH) enzyme. Tyrosine hydroxylase enzyme serves as a rate-controlling step in dopamine production[5].

Under normal physiological conditions, dopamine is placed in synaptic vesicles in the cytoplasm after being

synthesized via TH and aromatic amino acid decarboxylase (AADC) through vesicular monoamine transporter 2 (VMAT2) which is a 12-transmembrane domain protein from the soluble carrier protein family [5, 10]. Dopamine passes through the vesicular sinus via the vacuolar ATPase enzyme. This enzyme transports the protons ( $H^+$ ) contained in the cytoplasm into the vesicles, thus creating the electrochemical gradient required by the vesicular membrane. This electrochemical gradient provides an exchange of a dopamine molecule versus two protons by allowing VMAT2 to act as antiporter [10]. Thus, VMAT2 is involved in the inhibition of accumulation of dopamine in the cytoplasm as resulting from its production or its transfer into synaptic vesicles [5]. Dopamine is stabilized here under conditions of low pH, separated from synaptic vesicles and taken into dopamine carriers (DAT) [5]. After dopamine is taken into the synaptic opening, taking it back into the presynaptic neurons is accomplished via the dopamine transporters (DAT) [11].

When the amount of dopamine in the cytoplasm rises above the physiological values, Dopamine is metabolized via monoamine oxidase (MAO) and aldehyde dehydrogenase (ALDH) to 3,4-dihydroxyphenylacetic acid (DOPAC), a non-toxic metabolite. In addition, in astrocytes, catechol-*O*-methyltransferase (COMT) is catabolized to homovanillic acid (HVA) through MAO and ALDH[5].

## Serotonin

Initial findings of serotonin as a neurotransmitter were obtained at the beginning of the 1950s[12]. Brain serotonin receptors were initially divided into two classes, serotonin receptor-1 (5-HT<sub>1</sub>) and 5-HT<sub>2</sub> receptors. Up to now, nearly 15 serotonin receptors, some with effects opposite to each other, have been identified; it has been shown that there are seven different serotonin receptor families in the brain (5-HT<sub>1-7</sub>)[13]. In the human body, serotonin is produced and stored in nerve cells[14], in platelets [15], in gastrointestinal enterochromaffin cells and in prostatic neuroendocrine cells [16]. In addition, serotonin has an essential role in regulating growth differentiation and gene expression [17-19].

## Serotonin and Dopamine Relation

Serotonin has several effects, especially behavioral, in many areas of the brain such as the amygdala hippocampus. With the help of these effects, it exhibits a regulatory effect on dopamine neurons. This effect theoretically also leads to a reduction in the risk of extrapyramidal side effects[20].

Serotonin has a repressive effect on mesocortical dopamine neurons. The effect of serotonin on dopamine is mediated by 5-HT<sub>2</sub> receptors. With the blocking of 5-HT<sub>2</sub>, there is an increase in dopamine functions in the frontal lobe. An increase in dopamine in the frontal lobes

through the blocking of 5-HT<sub>2</sub> or through another way leads to a decrease in negative symptoms[21]. In addition, 5-HT<sub>2</sub> blockade exhibits an effect enhancing dopamine release in basal ganglia and in the nigrostriatal system. 5-HT<sub>2</sub> receptors are found in presynaptic dopamine neurons. Induction of these receptors by serotonin causes a tonic inhibitory effect to emerge and the decrease of dopamine release[22].

## Melatonin

The hormone which is synthesized from mammalian pineal gland in normal physiological conditions, melatonin (N-acetyl-5-methoxytryptamine) (MEL) is expressed only in the dark phase of the day, and it organizes the organism in the light-dark cycle [23-25]. Melatonin has an effect as a cellular preservative [23]antioxidant[26,27]and immunomodulator [24] in bacterial, viral and parasitic infections.It is responsible for the fundamental homeostasis such as the seasonal timing, sexual development, antioxidant protection system and immune response [28,29].

Melatonin is synthesized from tryptophan and is mainly released from the pineal gland, as well as the retina, lens, bone marrow, small intestine, and skin [30]. Today, there are 3 melatonin receptors in mammals. The M1 and M2 receptors are linked by G-proteins. The M3 receptor belongs to the family of quinone reductase. It was

isolated and chemically characterized in 1959[31]. It has a significant effect on many physiological and behavioral characteristics. Its one of the most important features is the regulation of circadian rhythm[32].

During inflammation against fungal and bacterial infections, the synthesis of melatonin from the pineal gland deteriorates and leukocyte migrates to the region where there is damage[33]. From macrophages[34,35]lymphocytes[36], melatonin is secreted for use in this process [37,38]. Melatonin also controls parasitic infections with its antioxidant properties. Melatonin treatment has been found to increase oxidative damage and survival of the *Schistosomamansoni*-infected mice[39]. It has been shown to reduce serious conditions affecting health in *Trypanosomacruzi* burden infections [40].

## Acetylcholine

Acetylcholine acts as a synaptic transmitter in the preganglionic and postganglionic neurons of the autonomic nervous system. It is made up of choline and acetyl-CoA under the effect of choline-acetyltransferase. Acetylcholine has a variety of pharmacological effects such as slowing the heartbeat, expanding the arterioles and narrowing the bronchi. There are two types of acetylcholine (Ach) receptors: Muscarinic and nicotinic receptors. Muscarinic receptors inhibit the secretion of GABA released from the parvalbumin (PV) positive gamma-aminobutyric acid (GABA) ergic intermediate neurons. Nicotinic

receptors stimulate the GABAergic intermediate neurons stained with cholecystinin. Thus, when a unique stimulus come, a phasic activity is ensured through the fine-tuning of the response of pyramidal cells[41]. Ach levels increase throughout the childhood, reach the highest levels in the preadolescent stage and then remain constant[42]. Recent studies have shown that they are associated with learning in the hippocampus[43].

### Noradrenaline and adrenaline

Identified to be associated with cognitive functions, the response to stress, depression formation and substance dependence[44], norepinephrine (NE) is found in the brain stem, especially in neurons located in the locus coeruleus. Approximately 10 NE receptors have been identified, divided into two main families, mainly alpha and beta. It has been shown that axonal extensions of NE neurons, whose cell bodies form on days 12-14 of embryonic life in rats, are fully developed at birth. In the post-natal period, central adrenergic nerve endings have been found to show a developmental process in the form of growing towards the areas they would innervate by finding a path [45]. Similar to dopaminergic, serotonergic, cholinergic, and GABA-ergic receptors, adrenergic receptor concentrations are highest in monkeys during the first 2-4 months of life, followed by a plateau, which is then followed by a gradual decline towards the adult levels [46]. It is suggested that NE, thought to play a role in anxiety,

alertness, attention, learning and memory functions, is responsible for experience-dependent plasticity, especially in sensory cortical regions, along with Ach in brain development [47].

## Glutamate

There are 2 receptor groups of glutamate (GLU), which is the predominant stimulating neurotransmitter in the brain and forms near to half of all synapses in the forebrain[42]. Metabotropic receptors composed of a single protein work G-protein dependently. Metabotropic receptors have three subtypes, N-methyl D-aspartate (NMDA), alpha-amino-3-hydroxy-5-methyl-4-isoxazole-propionic acid (AMPA) and kainite. Ionotropic receptors composed of several subunits are actually ion channel formations[48]. AMPA and NMDA receptors are usually located in the same synapse. This is why glutamate can be transmitted through both receptors at the same time [49]. The rate of transmission associated with AMPA/NMDA in a synapse varies depending on the nature and developmental level of the synapse[50].

## GABA (Gamma-aminobutyrate)

There are 2 groups of receptors to which GABA binds: GABA-A and GABA-B. The effect of GABA on pyramidal cells at the postsynaptic level is determined by the type of GABA-A receptor it binds to. GABA has neurotrophic effects on progenitor cells, excitatory neurons and glial cells

via GABA-A receptors [51,52]. GABA-A receptor is heteropentamer. Six different alpha subtypes of it have been defined. The alpha-1 subtype responsible for the sedative effects of benzodiazepines is present in approximately 85% of GABA-A synapses in the adult cerebral cortex and is found in all postsynaptic areas of pyramidal cells. The alpha-2 subtype GABA receptors, which are responsible for the anxiolytic effects of benzodiazepines, have a higher affinity for GABA and a faster onset of activation. Therefore, GABA transmission is more effective in alpha-2 containing synapses. The alpha-2 subtype is the most prevalent in the prenatal period, but the alpha-1 subtype becomes dominant in the postnatal period. This can be interpreted as a reduction in the efficacy and speed of GABAergic delivery in the axonal basal segments during postnatal maturation. The dorsolateral prefrontal cortex (PFC) in primates is one of the most studied regions because it shows the general cellular and connectional organization in neocortical regions. Here, GABA neurons have been found to form subgroups based on their molecular, electrophysiological and anatomical properties. GABA neurons can be classified according to the type of calcium binding protein, which they carry. These can be grouped as parvalbumin (PV), calbindin (CB), calretinin (CR) positive. Especially, the density of PV-stained axon tips has been found to increase during the postnatal development [53].

## Neuroparasites

Parasites are living beings which survive on more advanced organisms and always give harm to them at different levels. Parasites can be distinguished as compulsive or facultative parasites according to their needs of the host organisms. Biological cycles, the tissues in which they are located, the forms and the routes of transmission vary widely, but all interact with the physiological mechanisms of the host organism. They can manipulate, stimulate or suppress the immune response in different ways. Although geographical differences and socio-economic variables lead to differences in prevalence values, they do not affect the pathogenicity and virulence of agents. In the mortality rates obtained, it is observed that the immune responses of hosts are adversely affected; such as secondary factors are on the front lines, like the increase in HIV seropositivity and treatment options that cause immunosuppression [54-56].

According to their development, protozoans with single cells and helminths with multiple cells and some arthropods are among the parasites that got medical importance.

Protozoans lead to serious clinical manifestations, especially in the presence of immune deficiency. Helminths cause damage and inflammation due to mechanical trauma as their volume is massive. Among the tissues where the parasites are located, there are also central nervous sys-

tem (CNS) tissues. Different clinical signs are observed in neuro parasitosis. Among the symptoms are cognitive and psychological problems as well as neurological findings. In parasites that are located to the brain tissue of humans, diffuse insufficiency, encephalopathy or development of epilepsy due to a direct intracerebral localization of the agent. In a screening study for people with active epileptic attacks, it was understood that they had an infection that settled in the CNS at some point in their lives. There are a number of mechanisms that parasites use to invade tissues of the central nervous system [54,57,58].

### **A Protective Anatomic Shield for Our One of the Most Important Systems: Blood Brain Barrier**

As an anatomic structure the blood-brain barrier (BBB), is a multi-layered formation which regulates the transpassing of molecules and cells to maintain the homeostatic balance. These functions play a major role in sustaining a physiological environment to neurons and other cells of CNS. This structure consists of various layers and is selective permeable. Micro vascular endothelial cells of brain (BMECs) are the main component of BBB layers. Structures of BBB includes pericytes, astrocytes (the main supportive cellular group of CNS) and basal membrane. Some specific features of BMECs differ themselves from other endothelial cells of the organism. These differences are in large numbers, including high-level transendothelial electrical resistance and tight junctions that delay cell-to-cell flow. These differences are necessary

and also required for protection of CNS. The first difference is existence of tight junctions (TJs) located intercellularly. The second one is the absence of fenestrae, thus causing reduced levels of fluid- phase endocytosis and the last difference is enzymes and carrier-mediated transport mechanisms localized asymmetrically. Due to the selective permeability property, the endothelial cells forming the barrier express their influx and efflux carrier pumps themselves. One of the reasons is to protect the brain tissues from foreign xenobiotics. These carrier molecules include ATP-binding cassette family members and multiple drug resistance proteins (MRP 1-6) [59-61].

Despite the correct functioning of BBB, some pathogen microorganisms may pass through this barrier and spread the infection to CNS. These pathogens use three main mechanisms to cross. Besides, transcellular and paracellular or intercellular passing, pathogens may employ infected cells of immune system, mostly macrophages like “Trojan horse” for bypassing the barrier. Transcellular crossing is preferred by bacteria like *Escherichia coli* and *Listeria monocytogenes*, fungi like *Cryptococcus neoformans* and viruses like West Nile virus. Research showed that *Trypanosoma* sp. uses paracellular penetration. Intracellular pathogens like viruses or some protozoal parasites will choose the “Trojan horse” way to bypass because they developed some mechanisms for protecting themselves against lysis inside the cytoplasm of phagocytic cells. HIV and *T.gondii* may be given as examples for using this route [62-64].

In the means of parasites, some factors derive from them or host cells to induce and facilitate the crossing the BBB. Parasite originated molecules are generally enzymatic in nature and take source from the organelles of protozoons. Common studies showed some examples on this type of factors within the invasion mechanisms of parasites *T.gondii* and *T.brucei*. One of the major antigenic structures of *T.gondii*, MIC2 (a component from parasite's micronemes) interacts with ICAM-1 of the host cell to initiate the parasite to cross the barrier of the monolayer at cell culture studies. Right alongside with this, *T.gondii* uses frequently the "Trojan horse" mechanism. For manipulating an easy way to induce phagocytic cells to pass over, parasite infected ones increase their motility and migration activity depending on CD11b integrin function; and also attracted to the infection site by parasite secreted cyclophilin 18 which interacts chemokine receptor CCR5. Another parasite, *T.brucei* synthesize and excrete the cysteine protease enzyme called brucipain to make BBB more permeable to parasites; that establish a bond with protease activated receptors of host cells [65-67].

Researchers indicated that in the experimentations with these two parasites, some factors are host derived. The expression levels of adhesion molecules like ICAM-1, VCAM-1 and cytokine IFN- $\gamma$  is upregulated during the infection of *T.gondii*. These molecules expedite the passage of infected leukocytes across the BBB. *T.brucei* is using the host derived molecules to make its way through

the barrier. An upregulation also occurs in the cells of immune system to increase the secretion of cytokines like IFN- $\gamma$ , TNF- $\alpha$  and adhesion molecules like ICAM-1. A significant explanation specifies that this kind of actions appears to be similar to mechanisms of T cells at the time of inflammation. Studies which deficient lab mice for TNF- $\alpha$  is used shows that in the lack of this cytokine both inflammatory response and the numbers of parasites and T cells in the brain parenchyma decrease. Though not assisting the parasite to enter the CNS, a helminth disease called neurocysticercosis also obtains high levels of cytokines and adhesion molecules which may lead to an uncontrollable inflammation and damage to CNS tissues. This situation arises from disruption of BBB and allowing an influx of leukocytes into the brain [68-71].

## Toxoplasmosis

The only parasite in the *Toxoplasma* genus, located under the Apicomplexan parasites, is called *Toxoplasma gondii*. Seroprevalence in the world is one of the highest values.

In those who have a healthy immune response, they often do not have a clinical sign. There are three forms seen in the life cycle; tachyzoites that grow rapidly in the host organisms, bradizoites that remain latent in the tissue cysts, and oocysts that complete the cycle through intestinal epithelial cells in the final hosts, the members of Felidae family.

In addition to eating raw and undercooked meat and meat products containing bradyzoites, the oocysts are often consumed with contaminated food and water [72].

As the *T. gondii* enters the central nervous system tissues, it uses various mechanisms to avoid immune cells that are mobile in the area and to pass through the blood-brain barrier. Although *T. gondii* does not observe high cellular specificity during a normal biological cycle, it prefers to reproduce in immune system cells such as macrophages and neutrophils. Inside these cells, they can pass into the blood-brain barrier using "Trojan horse". Studies have shown that parasites in infected cells are more likely to pass through the tissue than inoculated free parasites. At this point, it is also important that tachyzoite protect itself from being degraded within the phagocytic cell. The tachyzoite of the *T.gondii* can pass through the tight junctions between the endothelial cells with rapid movements and overcome the barriers. During this mechanism, the parasite uses the actin-myosin engine, which is found in the cytoskeleton. Similarly, the same mechanism is used when passing intestinal epithelial barriers. In cell culture studies, if physiological conditions are maintained, tachyzoites can bind to endothelial cells, but not go between them. On the other hand, when the tachyzoites make paracellular transitions, they do not make bounds to endothelial cells. In recent years, a mechanism that has been discussed above is the so-called transcellular transition. In this mechanism, the host cell lyses, which is infected by

*T. gondii*, so that the parasite can replicate itself and then passes through to the other side of the barrier. The three mechanisms also occur with the tachyzoite forms of the agent. In particular, the last mechanism emphasized the necessity of having a high level of parasitism in contact. At this point, the triggering of the inflammatory response and the emergence of bleeding foci to clear the debris of lysing cells, which would damage the nerve tissues of the host organism, is not observed in these mechanisms [73-76].

During active HIV infection, because of the number CD4 (+) T cells decrease to under 100 cells/ $\mu$ l, the parasite itself easily localized the CNS and diffuse all tissues. Sometimes individuals may get the infection before the existence of immunodeficiency, so on the bradyzoite forms locating inside the tissue cysts, rupture it and transform into active multiplying tachyzoites. Getting source from this, toxoplasmosis is one most significant death causes in HIV seropositive patients because of encephalitis condition. The lesions made by *T.gondii* is consisting three zones separating with layers. Central zone includes few parasites and coagulative necrosis foci. Intermediate zone contains usually immune cells of inflammatory nature with tachyzoites and also hypervascular. The outer zone is composed of encysted parasites. These lesions do not contain a real capsular structure. The necrotic foci and surrounding inflammatory area cause the damage of CNS tissues where the lesions are located. During radiological examinations or routine check-up, the lesions can mimic

some kind of neoplastic formations like CNS lymphoma or multiform glioblastoma. After antiparasitic treatment, the parasitemia level and density of lesions will decrease but at CNS healed zones may calcify and sustain a continuous mechanical irritation alongside with calcified lesions from congenital toxoplasmosis [77-80]

Infection of *T.gondii* may alter some kind of behavioral changes of host and with chronic phase, the hormonal changes also occur. Mental health disorders are frequently correlated with toxoplasmosis. Depression, psychosis, and schizophrenia have been widely studied. Mechanisms of how the parasite develop an alteration for this kind of problems are still researched and complex. Basically, within two ways this may become an evaluation. Firstly, releasing of immune mediators that can induce a normal response, thus causing inflammation. This requires a controllable balance for inducing and suppressing the response. The other CNS infections that cause similar immune responses do not alter behavioral changes as sharp as *T.gondii*. A prominent evidence for change like this, for the circling the life cycle intermediate hosts act more amicable to the definitive host ; cats. This behavior is named "fatal feline" attraction in mice. These alterations seen mostly the chronic phase of toxoplasmosis. The second way is changing the neurotransmitters. Recently findings observed an increase in dopamine turnover in chronically infected mice. Studies showed that this neurotransmitter is some kind of a requirement to the parasite for proliferating. Besides dopamine, glutamate signaling may also

change during toxoplasmosis. Extracellular glutamate rise and its transporter molecule GLT-1 in glial cells got a two-fold fall in the chronic toxoplasmosis. These molecules interact with each other and also regulate the immune response [81-84].

## Cerebral Malaria

In humans, malaria is a protozoan parasitic disease that is transmitted through the ectoparasitic stings of mosquitoes of the genus *Anopheles*. It is known that humans now lead to five different types of malaria.

*Plasmodium* spp. With malaria parasites. *P. falciparum* (the species most commonly found in sub-Saharan Africa and having the mortal clinical indication), and *P. vivax* (species of our country), *P. ovale*, *P. knowlesi* (the species most recently detected in humans) cause malaria in humans. In the life cycle of malaria parasites, both the vector and the last mosquito, the *Anopheles* mosquito, are asexually proliferating, whereas the intermediate hosts, including humans, exhibit asexual proliferation. Basically, the biological cycle of malaria parasites begins by transferring sporozoite forms to female mosquitoes. Extraperitoneal schizogony is the primary cause of proliferation in hepatocytes, which are the liver parenchyma cells. Merozoites, which are involved in circulation by exploiting hepatocytes, initiate erythrocyte invasion by invading erythrocytes. In the erythrocytes, the merozoites, which are formed by the increase of nuclei in cytoplasm and

cleavage of cytoplasm, blast the host cell and confuse it again and provide a return to the host organism [85-89].

In each erythrocyte schizogony, a certain percentage of parasites turn into macrogametocytes and microgametocytes, and if the person is then inserted by another Anopheles mosquito, the gametocytes passing through the vein cause sexual reproduction to occur in the presence of a synapse in the cytoplasm. Molecular methods and rapid diagnostic kits are increasingly used in malignancy, but the most common and practically preferred method is the preparation of blood samples taken from the fingertip and preparation of thick-blooded preparations, followed by microscopic examination by one of the hematological centers, usually Giemsa. The most characteristic clinical symptom of the malaria tablet is the rising temperature, which varies within the period of time. After the rise of fever, sweating and general fatigue and malaise are seen.

Anemia occurs because it multiplies in erythrocytes and detonates them. The malaria effect seen in our country is called *P. vivax* as well as *P. ovale* 's fever table is called inverse malaria. *P. falciparum*, the heaviest strain, is a tropical malt. Unlike other malaria agents, the main two causes of malaria caused by *P. falciparum* are that they infect only certain erythrocytes of other malaria agents, but *P. falciparum* infects erythrocytes of all ages and produces about twice as many merozoites as the others during their schizogony [90-96].

Cerebral localization is one of the most severe clinical symptoms of *P.falciparum* malaria. Most mortal complication of malaria is this condition and caused by sequestration of parasites to vascular endothelial cells. Plasma leakage and production of inflammatory cytokines are the results of this binding. Due to the parasites locate inside erythrocytes, they redound the cyto adherence features of cells, so on they also, block the capillary circulation. Hypoxia and ischemia occur at zones where erythrocytes cluster around. One of the main causes of erythrocyte sequestration is binding of *P.falciparum* erythrocyte membrane protein 1 (PfEMP1) to adhesion molecules on the surface of the host cell. Infected cells also form clumps and rosettes which impair the circulation of microenvironment. Another characteristic of the *P.falciparum* is secretion of histidine rich protein II; nowadays used as a diagnostic marker especially at rapid card tests. Research shows that, themore of this protein produced, themo refacile the parasite breach the BBB [97-100].

## Cerebral Amebiasis

Cerebral amebiasis is a rarely seen parasitic disease which is caused by common intestinal localized pathogen amoeba *Entamoeba histolytica* or one of the free living amoebas, *Naegleria fowleri*, *Acanthamoeba* spp. and *Balamuthia mandrillaris*. The incidence of cerebral amebiasis is %0, 7- 0,8 and usually seen in male patients. Disease can be classified according to parasites that is the etiologic

agent and clinical symptoms. Besides uncommon cerebral invasion of *E.histolytica*, granulomatous amebic encephelitis (GAE) and primary amebic meningoencephalitis (PME) caused by *Acanthamoeba* spp., *Balamuthia mandrillaris* and *Naegleria fowleri* respectively; to be seen with a little bit higher prevalence [101].

GAE is mostly an opportunistic infection which can occur any time of the year. Both pathogens may enter the host organism via skin lesions contacting contaminated soil or respirating cysts. Clinical symptoms of this parasitic infection are much more severe in the immunocompromised individuals, especially HIV(+) patients. Diabetes, chronic alcoholism and IV drug taking are also risk factors for emerging the symptoms. After primary exposure, these amoebae join the circulation and may invade different parts of the body but got a tropism for CNS. The symptoms are not specific and may have seen in many similar diseases. Typical features include some kind of behavioral changes, hemiparesis, aphasia, fever, seizures, cranial nerve dysfunction, headache, increased intracranial pressure and sometimes loss of consciousness. Diagnosis may done by serological methods that detect the specific antibodies secreted against parasites but radio- neuroimaging techniques could be helpful for making certain the diagnose. At some circumstances, the correct diagnose may achieve only under autopsy conditions [102-104].

Another disease made by free living amoebae is called PAM. Its etiologic agent is *N.fowleri*. This parasite is a

flagellated amoeba spread worldwide and lives mostly in warm water reservoirs and natural sources. The prevalence of the disease is very low but mortality is high because of aggressive and rapidly progressing nature of the agent. All around the world, the number of total cases are not known but approximately 300 cases have occurred. Transmission takes place, usually by the inhalation of contaminated water from nasal cavities, mostly during a swimming or bathing session. Young adults and elder people are much more effected and after exposure to the parasite, they may become a casualty within a week or 10 days. This disease may easily confuse with bacterial or viral meningitis or encephalitis because the lack of specific symptoms. Invasion route of the parasite is via the olfactory nerve and after passing the cribriform plate, they reach the olfactory bulbs. The trophozoite form of the parasite gives damage to the region where it invaded in the means of inflammatory response and causing hemorrhage. The lesions bring about by the parasite, located mainly at the orbitofrontal lobe, temporal lobe, hypothalamus, pons, medulla oblongata and upper part of the spinal cord. Due to the wide distribution of the parasite to the CNS, bitemporal and frontal headache, nausea, some behavioral changes, photophobia and neurological abnormalities. Diagnosis is done frequently by the examination of native or stained cerebrospinal fluid microscopically to detect the parasites [105-107].

## Trypanosomiasis

African trypanosomiasis is an endemic sub-Saharan African parasitic disease. Especially seen in countries like Congo and Uganda. The parasite *T.brucei* got two subspecies according to the first geographical region where they isolated; *T.brucei gambiense* (West African agent) and *T.brucei rhodesiense* (East African agent). Disease is spread by the bite of vector Tsetse flies. Due to the climatic changes, the distribution of these flies widens, so on the sleeping sickness caused by the parasites emerge. Besides the referred countries, these parasites seen very rarely. The form of the parasite in the host organism is called trypomastigotes, while tsetse fly feeds on a blood meal from infected host it changes to procyclic trypomastigotes. During life cycle, at the salivary glands of fly the infective form may emerge; metacyclic trypomastigote. Parasite within the bite region on the body of host organism, migrate from there and through blood and lymphatic circulation invade different body parts. At last localize at CNS. The parasite may alter and change the glycoproteins of its antigens on the surface of the membrane. Because of this, no healthy and permeable immune response could occur during trypanosomiasis [108-112].

Common symptoms like rash, lymphadenopathy, and fever are seen. Diagnosis of the sickness done by detecting the parasites in blood or cerebro-spinal fluid under microscopic examination. Molecular methods like PCR may

be useful, too. There is a significant difference about aggression of these parasites which the West African agent is indolent and take years to manifest but East African agent is much more aggressive and may cause life-threatening situations. The most prominent symptom of trypanosomiasis is somnolence and insomnia depending the malfunction of biorhythm. These may see at the chronic phase of the disease. Due to the neurological damage death may occur [113-115].

## Neurocysticercosis

Neurocysticercosis is a parasitic disease which caused by localization of larvas of *Taenia solium* (also referred to as pork tapeworm) to the CNS. *Taenia solium* is a cestode helminth; mostly seen in pork consumer countries and low socio-economic regions on the world. Rarely seen in Europe and US, its rise as a public health problem may base on its distinct invasion of human tissues, especially tissues of CNS, as will be mentioned under this headline. The dimensions of adult helminth *T.solium* is 2,5- 5 m. in length and 0,4- 0,5 cm. in width, and also a segmented one as a characteristic feature of cestodes. It includes 700 to 1000 segments, which the last ones are gravid ones containing eggs. Gravid segments will spread out and/or break down during the defecation of an infested host. After ingestion of eggs by consuming contaminated food or water, oncospheres hatch in the intestines of new host organism and start to penetrate the intestinal wall, then invade different body parts. Humans are both the intermediate and defini-

tive hosts for this organism but the whole complex life cycle will not occur at the body of human beings [116-120].

Larval form of this helminth is called *Cysticercus cellulose*, a vesicle shaped translucent organism which includes an invaginated form of scolex, named protoscolex and filled with a clear fluid. Its diameter varies 5 mm to 4 cm. The double row spiked scolex will pop out while attaching the host tissues for invasive strategies. After the invasion the primary larval stage develop a secondary form called cysticerci. Depending the exact region where the cysticercosis are located, there are many clinical forms of this disease. The most common type is parenchymal type, then subarachnoid or cisternal, intraventricular and mixed types follow. Parenchymal type divided within itself into four stages: vesicular, colloidal vesicular and granular nodular types are active forms of parasite but the fourth type nodular calcified stage is inactive. The activity depends on the viability of the larva and the width of the cyst capsule. Nodular calcified stage of the larva triggers no immune response and got no pathogenesis ability. Especially, encephalitic clinical symptoms and changes in behavior mainly occur at parenchymal and intraventricular type, via the cystic metastases and inflammatory granulomas due to the chronic immune response and mechanical irritation. Subarachnoid type is characterized with large and multiloculated cysts named racemose cysts; shaped like a grape bunch. This type is not as aggressive as oth-

ers but tend to bleed because of close contact to the well circulated regions [121-128].

## Echinococcosis

Cystic echinococcosis or hydatid disease is a parasitic disease caused by the larval stages of *Echinococcus granulosus* or *Echinococcus multilocularis*. Infestation to CNS occurs rarely, approximately %2 percentage. Basically, there is two different types of clinical course fort his disease. Cystic echinococcosis and alvelolar echinococcosis caused by *E.granulosus* and *E.multilocularis* respectively. Because of the common effects of sheep to separation of parasite, its prevalence is higher in countries like Australia, New Zealand and some South American countries. Definitive host to *E.granulosus* is members of *Canidae* family, especially domesticated dog and for *E.multilocularis* is arctic and red foxes. Adult form of helmint is 2- 6 mm in length and 0,5- 0,6 mm in width and consisting three compartments. The last one is gravid and including eggs [129-133].

Cystic echinococcosis develops three layers when located inside the tissues of host organism. The fibrous profiled outer layer called pericyst, middle laminated layer called ectocyst and permeable layer for nutrient molecules called endocyst. The endocyst; the inner circle; also consists of smaller versions of cyst named daughter vesicles. These vesicles include protoscolices which got a capability

to develop a whole mature cyst, distributed to another organ or tissue inside the host [134-138].

## Toxocariasis

Toxocariasis is a world-wide seen parasitic disease. Mostly, the etiologic agents are the nematode helminths *Toxocara Canis* and *Toxocara Cati*. Definitive hosts are dogs and cats, respectively. Transmission to humans are usually accidental depending on ingestion of highly resistant eggs from contaminated soil, food or water. Because the source of infection is often soil, children especially who eat soil, got a higher risk for toxocariasis. The prevalence of parasitosis is a little bit higher at rural areas than city centers. After entering the intestinal tract, eggs hatch in the small intestine and then migrate to liver. On the route the larvae of the helminth causes a responsive inflammatory irritation. Spreading to CNS tissues is not a common route but may result in severe conditions [139-142].

Classical symptoms like fever, headache, lethargy and weakness are seen. Humans are hosts that blocks the life-cycle of the parasite. Always a self-limiting disease but sometimes mortality levels raises through migration to CNS or ocular tissues. This journey of the larva to distinct tissues is called visceral larva migrans. It could result in granulomas where it passes; like liver, lungs, kidneys, heart, brain or eye; because of uncontrollable inducing of inflammation. Ocular localization may mimic symptoms like some kind of neoplastic lesions which exist at ocular sphere like retinoblastoma. It may give damage to the op-

tic nerve and cause blindness. Neurologic and cognitive effects widen within a range of hyperactivity in children or teenagers to dementia in elders. Although the other localizations of visceral larva migrans have got no severe symptoms, the CNS localization mainly, connected with subtle cognitive clinical patterns. For the diagnosing the helminth any kind of fecal examination is useless because only the larval stage is present at the tissues of humans; the parasite show no development to the adult form except in the definitive hosts. Besides neuro- imaging the lesions, serologic tests for detecting antibodies at serum samples or directly determining the larva at cerebro-spinal fluid.

### Interaction of the *Toxoplasma Gondii* Infection in the Host Organism

According to the findings obtained, it has been determined that about 25% of the total population just in the United States is infected with *T. gondii*, and in some regions this percentage is up to 95% [143]. *T. gondii* parasites, which have been detected from the strains cloned so far, are collected in 3 main groups as type I, type II and type III [144].

*T. gondii* tries to control the behavior of the intermediate host it has infected, in order to be able to settle into the cat family, the last host where it will complete its life cycle. Even though the mechanism of the *T. gondii* infection-induced behavioral change has not yet been fully understood, studies have provided us with some information in this direction. Previously published studies in the liter-

ature show that *T. gondii* influences behavior by affecting the transmission of neurotransmitter signals [143]. Studies in mice show that *T. gondii* infection increases potassium-induced dopamine release from dopaminergic cells by several orders of magnitude [143].

The present evidence suggests that *T. gondii* produces some proteins to capture the host cell [145]. ROP13, the most known of these proteins, dissolves readily in the cytoplasm of the host cell and activates the STAT3/6 signaling mechanism [145]. The STAT3/6 pathway is a naturally occurring inflammatory response to pathogenic infections [146]. The stimulation of this pathway by non-normal ways is also responsible for the ceasing of the programmed cell death, tumor formation and metastasis [146]. Indeed, previous studies in the literature have shown that *T. gondii* inhibits apoptosis in the host cell it has infected [147-149].

### The Mechanism of Dopamine-*Toxoplasma gondii* Relation

A rapid increase in the number of dopamine metabolites occurs in chronic *T. gondii* infections in rodents, while the amounts of norepinephrine and serotonin drop [150,151]. In addition, it has been observed that *in vitro* dopamine reinforcement increases a amount of parasites [152]. Similarly, it has been observed that in mice and rats given dopamine antagonists, there is a decrease in behavioral changes due to parasite infection [153,154]. Recent findings indicate that there is no change in the amounts of

tyrosine hydroxylase, DOPA decarboxylase (DDC), or vesicular monoamine transporter (VMAT), indicating that the infection of the parasite affects the amount of catecholamines in the host [155].

Interesting findings have emerged, when the effects of different *T. gondii* strains on genes expressing neuropeptides have been examined on SK-N-MC, a human neuroepitheloma cell line [156]. According to this study, type I *T. gondii* directly affects the genes responsible for the expressions of dopamine, glutamate and serotonin neurotransmitters as well as PROK2 and TAC1 neuropeptides, while type III *T. gondii* affects the kynurenine pathway. Type II *T. gondii* has been shown to have no effect on gene expressions in the neurotransmitter system [157]. The reality these results put forward can be summarized as follows; while type I *T. gondii* infection is directly related to the elevation of dopamine levels [152], Type III *T. gondii* infection affects the kynurenine pathway from the main pathways of tryptophan metabolism, affecting the speed-determining step in dopamine synthesis [158].

As mentioned above, *T. gondii* intends to increase the amount of dopamine in the host cell, which it infected by tyrosine hydroxylase production [160]. It has been observed that in mice with AAH gene (responsible for the expression of tyrosine hydroxylase enzyme) removed, a decrease in the abilities of *T. gondii* parasite to infect cats, lower oocyst production, and less sporulation take place [161].

Another important point in *T. gondii* infection is how it affects neurotransmitters in different sexes. Studies in this area show that there are great differences between male and female mice. In acute *T. gondii* infection, serotonergic activity is increased in male mice, followed by a mild increase in noradrenergic system [162]. Based on previous studies [163], the rise in noradrenergic and serotonergic systems is responsible for the suppression of the active behavior. The observed decrease in mobility during the acute infection period may be due to this change in the neurotransmitter activity [162]. In the same study, an increase in the amount of HVA, which is dopamine metabolite in the acute phase in male mice, has also been observed [162]. Earlier studies done in the acute infection period have shown that novelty seeking in rodents diminishes in this period [164], whereas the movements increase rapidly and at short intervals [165]. In another study, the changes in the gene expression of male and female mice in the advanced stages of *T. gondii* infection have been determined according to sex [166]. It has been put revealed that in females, *T. gondii* infection causes changes in the expression of genes involved in the forebrain development, neurogenesis, and sensory and motor coordination (such as decreased expression of fatty-acid binding protein-7 and eyes absent homolog 1, increased expression of semaphorin 7A) [167]. In male mice, *T. gondii* infection has generally been shown to cause changes in gene expression associated with the sense of smell (such as a decrease in receptors for the sense of smell and D4 dopamine receptor, an increase in the expression of slit homolog 1) [166].

However, it has been determined that the attraction of cat odor increases only in female mice, while the expression of genes related to the sense of smell of male mice changes [166]. In addition to this, unlike male mice, female mice have been found to have hyperactivity in open field tests [166]. These results suggest that there may be sex differences in the occurrence of neuropsychiatric diseases due to parasitic infection in humans.

### **The Mechanism of Serotonin and Indoleamine 2,3-dioxygenase (IDO) in Neuro-Parasitic Infections**

The inflammatory response resulting from a developing infection in the brain can affect the cycle called “neuro-circuit” by affecting the metabolic and molecular pathways directly affecting neurotransmitter systems. This results in problems such as motivation (anhedonia) – characterized by many neuropsychiatric disorders including depression –, avoidance and alarm (anxiety). To further emphasize molecular pathways, proinflammatory cytokines – known as Type 1 and Type 2 interferons (IFNs), interleukin-1 $\beta$  (IL-1 $\beta$ ) and tumor necrosis factor (TNF) – reduce the usability/ability of the monoamine group neurotransmitters in the body, such as serotonin (5-HT), dopamine (DA) and noradrenaline (NE) by increasing presynaptic reuptake pump functions. This event also begins to occur with the reduction of the enzyme called mitogen-activated protein kinase (MAPK). When MAPK is reduced, monoamine synthesis is reduced so that a reduction in cytokine-

dependent oxidative stress-sensitive NO synthase (NOS) and nitric oxide (NO) production also occurs [167-168]. Several cytokines, including IFN $\gamma$ , IL-1 $\beta$  and TNF, reduce the monoamine precursors (Precursor) by activating the enzyme indoleamine 2,3-dioxygenase (IDO), which is also the enzyme that separates tryptophan into kynurenine in the metabolism of serotonin. At this time, activated microglia cells (CNS macrophages) in the brain convert kynurenine to quinolinic acid (QUIN) [169-170]. QUIN binds to the receptor called N-methyl-D-aspartate receptor (NMDAR). This receptor, called NMDAR, acts as a glutamate receptor [170,171]. This cytokine-induced mechanism leads to the stimulation of reactive oxygen species (ROS) and reactive nitrogen species (RNS), leading to excessive amounts of Glutamate release. Excessive amounts of glutamate release may lead to brain-induced neurotrophic factor (BDNF) depletion and excitotoxicity, particularly when bound to extrasynaptic NMDARs. This, as a result of inflammation on growth factors such as BDNF, leads to neuronal growth, neuronal integrity, neurological distress that may occur in the long term, ultimately affecting learning and memory [171,172].

In addition to lowering serotonin levels in the body, the kynurenine pathway results in the synthesis of multiple metabolites, which can have neurotoxic effects. These metabolites include 3-hydroxy-kynurenine (3-OH-KYN) as well as quinolinic acid. 3-OH-KYN shows its deleterious effects by increasing reactive oxygen species (ROS) in

the brain. This increase in ROS leads to oxidative stress and possibly neuronal apoptosis. ROS overproduction is associated with an increase in monoamine oxidase (MAO) activity, disrupts the monoamine levels in the brain and occurs in a depressive mood (as depression). Quinolinic acid is a potent N-methyl-D-aspartate (NMDA) receptor agonist. Overstimulation of these receptors causes neuronal damage by causing increased calcium flux to target neurons. The increased calcium flow to the cells may also cause the formation of ROS. Both metabolites have been found to be elevated in some neurodegenerative disorders such as Huntington's disease and Parkinson's disease [173,174].

The increase in IDO activity resulting from increased levels of inflammatory cytokines is the only way that the immune system affects the nervous system. For this reason, there are many mechanisms that have to be researched/ will be researched, by which the immune system and the nervous system can affect each other. In recent years, the search for these mechanisms/pathways has been the foreground/discussed [175,176].

This area, which is developing and opens to exploration, has actually been discussed even years ago. Robert Ader, assumed the founding father of this medical paradigm [177], at the end of the 1970s, demonstrated the role of the immune system in influencing behaviors. Within this mentioned mechanism, an upregulated immune system has significant effects, including an increase in the

level of kynurenic acid, and these effects cause depressive behavior [177].

The indoleamine 2,3-dioxygenase (IDO) is an enzyme found in the microglial cells of the nervous system. This enzyme, opened by pro-inflammatory mediators/cytokines, is responsible for the formation of kynurenine rather than serotonin in tryptophan. Inflammation activates microglia to release this enzyme. When activated, IDO takes serotonin precursor tryptophan down the kynurenine pathway. This kynurenine increases the tryptophan ratio and may reduce the synthesis of serotonin [174,175].

IDO also metabolizes 5-hydroxytryptophan (5-HTP) and serotonin to 5-hydroxyquinuramine. When the immune system is activated, it means that serotonin increases abundantly. A possible consequence of the shunting / suppression of tryptophan in the kynurenine pathway is the low levels of serotonin. In this case, as the IDO activity increases, low serotonin levels are associated with clinical symptoms such as depression, insomnia and anxiety, since there will be less tryptophan to make serotonin [172,174].

Tetrahydrobiopterin (BH4) is a necessary cofactor in the synthesis of monoamine neurotransmitters. BH4 is required to convert phenylalanine to tyrosine, tyrosine to L-DOPA and tryptophan to 5-HTP. However, BH4 is quite sensitive to oxidation and dihydroneopterin (XPH2) becomes irreversibly degraded. Under oxidative stress conditions, BH4 is rapidly destroyed and BH4-dependent

enzymes cannot function. Lower levels of monoamine may be seen as a result of the reduction in the amount of BH4 that can be used as a cofactor. When BH4 declines, the body may not convert precursors properly, because its enzymes cannot function without BH4. This may lead to lower monoamine levels such as dopamine, norepinephrine, epinephrine, and serotonin. Deficiencies in these neurotransmitters have been associated with numerous clinical complaints such as depression, fatigue, attention deficit, insomnia and anxiety. It is extremely important to understand the link between oxidative stress and the neurotransmitter. If these links have inflammation or oxidative stress that affects neurotransmitter levels, there is a potential to affect the response to the patient and the treatment [178].

### Differences of *T. gondii* Infection According to Sex

*T. gondii*, a protozoan parasite, modifies the host behaviors. It changes the natural disgusting behavior against cat odor and becomes a favorite person for the actual host. But, the underlying mechanism is still unknown. The parasite to localize randomly causes a change in the host behavior. The differences in this localization may explain why the behavioral changes differ from one host to another. One of the most important factors affecting the behavioral change is the location where the parasite is localized and the number of parasitic cysts. There are contradictory studies of whether or not tropism of *T. gondii* exists for

specific regions of the brain. But recently, it has been identified as neurotrophic rather than tropism in the brain.

While the noradrenergic system activity is increased in the females with acute toxoplasmosis, it is observed to slightly increase in also males in some brain areas. The level of dopamine increases in acute infected mice [179]. It is believed that the parasite may be changing behavior of the intermediate host, which has its cysts, in order to be a favorite hunt by the main host of *T. gondii*. It affects the natural defense mechanism in infected rodents and makes fearless to the hunter [180-183].

It has been reported that *T. gondii* influences people's personal characteristics positively or negatively [184,185]. Specific parasites affect intermediate host behaviors differently depending on sex [183,186]. However, the studies and explanations of this mechanism are insufficient. However, neurotransmitter changes and associations have been described by Stibbs et al. [187] in 1985, but the activities and natural defense functions of neurotransmitter systems in selected brain areas have not been analyzed in detail. Reactions to *T. gondii* infection in females and males require comparative studies. The effects of *T. gondii* on the monoamine system activity (dopamine, norepinephrine and serotonin) are evident in all brain regions in both the acute and chronic phase, with invasion of the brain and this system is related to natural defensive behavior, emotion, and motor and sensory stimulation. There is a need for studies on the female-male differences in these

systems and mechanisms. Parasitic infection often changes natural defensive behavior and locomotive activity.

They caused significant changes in both sexes in monoamine neurotransmitter systems. In infected females and males, there is a change especially in noradrenergic and serotonergic systems, compared to uninfected control mice. In male [188] and female [189] rats, this situation causes the typical acute immunological response. The functions of noradrenergic and serotonergic systems inhibit active behaviors [190]. Characteristic behavioral change reduces mobility and self-protection behavior. This change of behavior is called “sickness behavior”. Hydrolases catalyzed in the rate-limiting step in dopamine biosynthesis [191] have been shown to cause dopamine metabolism to increase in neurons [191]. Damage to the protection mechanism of infected animals is thought to be related to the increase in the amount of dopamine in the cell with the incoming parasite. Infected male rats have been shown to be moderately attracted to cat odor [182]. Later, in a study done in humans, while cat odor smells very good to males with toxoplasma infection compared to the ones without, this is less in infected females [192].

*T. gondii* infection reduces disgust against cat odor in male rats. The closest mechanism related to the topic involves the interaction of gonadal testosterone and brain nonapeptide arginine-vasopressin. Both of these substrates are sexually dimorphic. It is exclusively expressed in males. It proves that there are no behavioral changes in the females. *T. gondii* infection has been shown to reduce

disgust to cat odor in female rats. This change is not accompanied by the steroid hormone change. The removal of gonads has no effect on the behavior change and is not dependent on arginine-vasopressin. Behavioral changes in female and male occur with non-analogous mechanisms, but this is not yet known [193].

Decreased disgust against cat odor in infected male rats [180,181] reflects the manipulation done by the parasites. Since the cat is the main host of the parasite, the infection increases the chances of cat to hunt under natural conditions, but this is a mechanism that has not yet been explained [194]. The neuroendocrine mechanism of behavioral change in the host has been extensively studied in male laboratory rats [195-198]. Several hypotheses have been proposed regarding the infected males' loss of disgust to the hunter's odor [191,192,199,200]. In men, *T. gondii* infection increases testicular testosterone [198,201]. This testosterone crosses the blood-brain barrier and causes hypomethylation of the arginine vasopressin gene in the medial posterior dorsal amygdala region [202]. These increase arginine-vasopressin production and cause behavioral changes [203,204].

The testosterone is predominantly male reproductive hormone and also is found in females in small amounts [205]. It has a transcription connected to the medial amygdala arginine-vasopressin testosterone with a similar mechanism [206-208]. *T. gondii* infection do not affect

serum, estrogen and progesterone levels in gonads-intact animals. *T. gondii* alters disgust in female rats, but is not dependent on ovarian steroids. In male rats, it increases the testosterone production from testicles [197].

Testosterone is also produced from ovaries and the adrenal gland. Synthesis of testosterone produced in ovaries is important in behavioral change. The disappearance of disgust to cat odor does not change in infected animals ovaries removed. In toxoplasma-infected females, the loss of disgust to cat odor still happens. A similar effect is seen in male rats, too [180,182]. Similar changes were found in infections caused by toxoplasma in female and male rats [209].

## Conclusion

Dopamine is a neurotransmitter with variety effects both in the central nervous system and peripheral nervous system. Dopamine interacts with serotonin, other catecholamines and immune system due to has a very important role in parasitic infections. There are many intracellular, zoonotic parasites. These parasites migrate to many tissues when they enter the host organism and can settle in a wide variety of cells. When the host cell enters, effect gene expression and many enzyme and protein that effect some path way such as apoptosis, increased neurotransmitter release, and affecting some physiological processes, causing homeostasis disruption and cause diseases. The well-known knowledge of the evolutionary process

and life cycle of parasites will prevent many neuropsychiatric and neurodegenerative diseases.

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